In memory of Professor Yarema Tomashevskyi – Scientist, Doctor and Teacher
Valentyna Chopyak
Danylo Halytsky Lviv National Medical University, Lviv, Ukraine

We are deeply saddened to inform that on August 12, Yarema Illich Tomashevskyi, a distinguished professor of the Danylo Halytsky Lviv National Medical University, passed away at the age of 94.

Professor Tomashevskyi was born on December 3, 1929, in the village of Stetseva in Pokuttia area. In 1953, he graduated with honors from Lviv Medical Institute and then studied in the clinical residency program for internal medicine from 1953 to 1955. In the following three years, he chaired the therapeutic departments of Kamianka-Buzka District Hospital and the 4th Hospital in Lviv. In 1958, he commenced employment as an assistant at Lviv Medical Institute and was subsequently promoted to Associate Professor of therapeutic departments.

He started and chaired the Department of Endocrinology and Clinical Pharmacology, where he worked for 44 years, from 1978 to 2022. Yarema Illich created and developed the Lviv endocrinological school, the regional endocrinological dispensary, and headed the regional association of endocrinologists. He was a member of the Ukrainian Scientific Society of Endocrinologists.

Professor Tomashevskyi’s scientific and research endeavors are centered around the issues of cardiology, rheumatology, gastroenterology, balneotherapy, clinical vitaminology, and endocrinology. He deemed the prevention of diseases to be of paramount significance. He founded the Academy of Preventive Medicine at the Shevchenko Scientific Society. He has worked on programs aimed at preventing iodine deficiency disorders and early diagnosis of diabetes, which he diligently implemented in practice. Professor Tomashevskyi is the author and co-author of over 350 publications, including seven monographs and textbooks and many methodological recommendations. Under his leadership, two doctoral and 15 candidate theses were successfully defended.

The professor’s professional activities included membership in the Ukrainian Medical Association, the European Association for the Study of Diabetes, and editorial boards of the journals “Endocrinology” and “International Endocrinology Journal.” He also contributed to the compilation of scientific works “The Phenomenon of Human. Healthy lifestyle,” “Medical Collection of The Shevchenko Scientific Society.” He was a full member of the Shevchenko Scientific Society and headed the Medical Commission of the SSS for several years. He was respected and
known in the medical scientific community of Ukraine. In 1985, Yarema Illich was awarded the badge “Excellence in Healthcare.”

Professor Yarema Tomashevskyi was an excellent teacher and lecturer, a highly qualified doctor who was loved and respected by students, colleagues, and patients. He was a respected citizen. The professor led a respectable life full of tireless work and care. His favorite sayings from the ancient sacraments, which he steadfastly adhered to, were: “Rush to do good, as human life is fleeting; do everything in moderation; and never express anger.” He was always cheerful, smiling, and friendly.

Eternal and bright be his memory!